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Taking The Lead



A First For Projects

Suttle Projects' first job as principal contractor put them in charge of the second of three phases of flood defence improvement works at the town (cont'd [p3](#))

Project: Poole Quay reinforcement
Job spec: Over 100 linear metres of 12.5m steel piles
Client: Poole Harbour Commissioners

Southampton streets are paved with beautiful Purbeck limestone

RECENT visitors to the newly regenerated area at Back Of The Walls, near Bargate, in Southampton might not have realised they were walking along paving supplied by **Suttle Purbeck Stone**. We've got behind the scenes production photos and the full story this issue starting on [page 6](#).

In our news section, the **Suttles** group's achievement of full marks in a wide-ranging audit for **Network Rail** contractors is covered. **Suttle Projects** continued its first job as principal contractor (cover story) and installed 55 steel piles and concrete panels for a retaining wall for **Colten Developments**, also in Poole. We've got important health and safety alerts, along with upcoming and completed contracts. Finally, in our events and fun section, we've got coverage of the **Big Night Out** in Bournemouth, **Suttle Golf Day**, and a new feature called 'Know Your Colleague'.



Pictured: Geoff Twigg at **California Quarry**

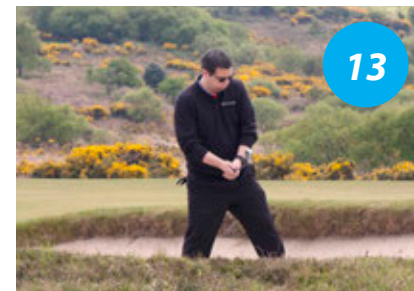
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Stone experts and civil engineers. Buy straight from source or commission us for complex projects.
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TAKING THE LEAD (continued from front)

quay in Poole. The overall objective was to renew a section of granite quay wall and raise the flood defence level for the properties and shops along the town quay.

The scope of works was broad, and started with the removal of existing timberwork, including piles, fender timbers and walings, using Suttles' own Movax SP70F4.

After this came the installation of anchored sheet piling in front of the existing quay wall at a length of over 100 metres.

New drainage was then put in, including manholes, and new asphalt and block paving surfacing were also installed.

Then pre-cast concrete capping beam units were installed, and new ekki (tropical hardwood) timber fenders were added to the capping beam and quay wall.

The project was carried out for **Poole Harbour Commissioners**, and was jointly funded by them, and the **Environment Agency**.

Piles of piling

More than 100 linear metres of 12.5m long piles were installed using an RTG-RG16T telescopic leader rig, combined with a crane to assist the handling

process.

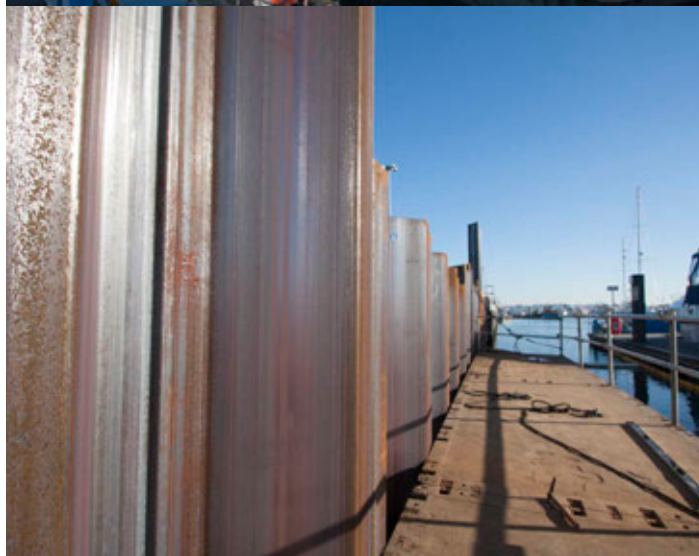
Extra support was installed in the form of steel tie-bars connecting the old quay wall to the new sheet pile wall.

Sub-contractor **Kavell Civil Engineering** were employed to undertake the groundworks element of the project. They engaged **Suttle Stone Quarries** as their favoured aggregates supplier, who supplied ballast as dredged to fill the void between the new wall and the old wall.

Suttle Projects' technical director, **Ali Maidman**, said: "It's a landmark moment in the growth of the company, and there have been a lot of firsts in this job – it's our first job as principal contractor, which we're very proud of; and it's our first project for Poole Harbour Commissioners.

"It's been a good test for managing sub-contractors and a construction site ourselves – because we haven't had that responsibility previously. We hope for it to be a platform to tender for more principal contractor opportunities in the future. It helps our portfolio, and it's a natural progression for us."

The project completed in mid-May.



Poole Quay defences: (top) the completed project; (centre) piling set into place; and (bottom) piling under construction

BOURNE HOUSE

Projects installed a retaining wall at a property at Langside Avenue, Poole in March.

The job spec was for 55 steel piles and accompanying concrete panels to construct the wall, and the project was for client Colten Developments, on behalf of **Colten Care**, who are constructing a 68-bed nursing home on the site.

The estimated date of completion for the home is August next year.

TOP MARKS FOR RISQS AUDIT

THE **Suttles** group achieved a five-star rating in its recent audit by the Railway Industry Supplier Qualification Scheme (**RISQS**).

It's a mandatory requirement for suppliers on **Network Rail's** infrastructure and covers all aspects of **Suttle Projects** and **Suttle Piling**.

In particular, there is a focus on whether organisations are conveying information in a way the company and assimilate and understand, and aims to ensure a continual improvement in standards.

The process undertakes a comprehensive examination of management systems, along with the company's approaches to health and safety and

environmental responsibilities.

It is the seventh year running the audit has taken place.

Director **John Suttle** said: "Congratulations to everyone who helped maintain our RISQS accreditation.

"It's all the more impressive since we added design categories to our audit this year and have passed them first time.

"We achieved a 5-star rating for the first time since that element of the RISQS system has been in place; hopefully we can continue to mirror these high standards in all areas of the work we do."

QUARRIES' SALES HEALTHY RETURN

SWANWORTH has returned to strong sales after having a quiet Christmas period for the first time in a few years.

March saw sales levels improve, ending up as one of the best months ever at the quarry. This busy period helped to see the year end on a high with sales for the year up nearly 10% on the previous years' sales.

Director of Quarrying, **Simon Clabburn**, said: "Production in the quarry has matched this sales increase, so well done all!"



in a hole full of concrete, so, I would say 25mm - it's a good achievement

Behind the scenes: work-in-progress Bourne House retaining wall (top); (above) **Projects' Nikolay Nikolov** weighs in



New plant: the new telehandler (top) and the upgraded secondary crusher with a new final screen and conveyor (above)

UPCOMING/ STARTED PROJECTS

SEVINGTON: installation of 101 kingpost steels for **Costain**.

W&S RECYCLING YARD: installation of over 400 sheet piles.

WIMBLEDON DEPOT: phase two of CFA piling works for **Osborne**.

CHURCHSETTLE: sheet piling for Costain.

CRUSHING UPGRADE

OUTPUT and general efficiency of the secondary crushing plant at Swanworth has been steadily improved to help satisfy demand for smaller stone sizes.

The latest upgrade has been the replacement of the final screen and conveyor (pictured) with a larger, refurb-

ished unit. This has resulted in a much more efficient hourly output, which helps maintain the stock of vital 6mm and 20mm stone.

NEW TELEHANDLER

SWANWORTH Quarry took delivery of a new JCB telehandler at the start of the year.

It has allowed safer access for working at height, safer unloading of delivery vehicles, and has generally made maintenance work around the quarry and workshop a lot easier.

Director **Jimmy James** said: "I don't know how we managed without one!"

NEW EXCAVATOR

THE **Mannings Heath Depot** has taken de-

livery of a new **Volvo** EC220 Excavator, which will reduce the site's carbon footprint, as well as a replacement L120H loading shovel, which is also more environmentally friendly. In addition, a replacement concrete muncher and hydraulic hammer were gained, which will also be shared with Swanworth.

QUALIFICATIONS & TRAINING

Liam Tucker has gained a Member of Institution of Civil Engineers (MICE) professionally qualified engineering technician (EngTech) qualification.

The title shows a high level of skills and experience, and was gained through his ex-

tensive knowledge of civil engineering and a thorough professional review, which took place in Westminster earlier this year.

Director **Joe Paine** said: "It's the culmination of a lot of hard work by Liam, and it's an internationally recognised qualification that can only enhance the reputation of the company."

Eden Wilford-Cole at **Mannings Heath** is halfway through a Waste Management Industry Training & Advisory Board (WAMITAB) course, and upon completion will be able to deal with expanding recycling operations at the site.

See [page 12](#) for a feature on training at **Suttles**.



Ben Hayes: Weighbridge and plant operative
Site: **Mannings Heath Road Depot**



At Suttle Stone Quarries' Mannings Heath Road Depot, **Ben Hayes** has worked at the weighbridge for almost four years, where he handles transactions and

checks truck loads, and also drives a shovel.

But when he's not on site, he treks to gravel pits across the land to indulge his major passion in life - fishing.

"I've been fishing for as long as I can remember really, I went out with my dad from a young age, that's what got me interested," he said.

"Gravel pits suit my

style of fishing, they tend to be jam-packed with weeds and I use all different types of kit for different situations."

Ben has channeled his inner Rex Hunt and taken his hobby to the next level, and has gained a bait deal and receives discounts on tackle and equipment in exchange for writing reviews and editorials for fishing publications,

and posting on forums.

"I try to get more people fishing on the bank by showing rig tutorials and explaining different techniques. I also cover all aspects of fish safety."

He added: "I enjoy being outside, by the lake, enjoying the scenery and trying to catch the big fish. It just turns into a way of life."



Follow The Purbeck Brick Road

Project: Paving outside new student accommodation at Back of the Walls, Southampton

Job spec: More than 1,000m² Purbeck Cap limestone paving slabs with a Bush hammered finish

Client: McAleer & Rushe

Suttle Purbeck Stone, based at California Quarry, Swanage, recently completed a large-scale project supplying textured limestone paving slabs for the exterior of a new student accommodation complex.

Austen House, an

£18m 356-residence build by **McAleer & Rushe**, is being run by **The Student Housing Company**, and will be used by students at both the Southampton universities.

"This size of job doesn't come along every year," sawyer **Matt Suttle** said. "For quarry man-

ager **Nick Crocker** to have secured this contract was really exciting. It made for a good opportunity to invest in new machinery to automate the processes involved, which will serve us well in future."

After delivering over 1,000m² of limestone paving, specially finished by a new automated texturing machine, the slabs were then fitted along the exterior of the residence by contractors.

"We're really happy with our finished product, and it's a great sense of achievement to have completed such a large contract," Matt added.

California Quarry invested in a new GMM Sirio - a single-head texturing and polishing machine, which has more than doubled the output capability at the site. Delivered in August last year, it has also

been a bonus for health and safety as the new machine eliminates hand/arm vibration that was an issue previously.

The journey of the limestone, from quarry to city streets, involves many steps. Purbeck stone is laid in beds, and is excavated by prizing up blocks using the toothed bucket of an excavator. Then, blocks are selected for primary sawing, which cuts the widths of the paving. After this, it's turned on its edge, so the saw can cut the pieces into distinct slabs. From there, the slabs are taken to the new texturing machine where they're laid out, textured, and finally taken to a squaring saw. The slabs are then loaded onto a pallet ready for delivery.

For more information, visit www.suttles.co.uk/suttle-purbeck-stone



Site visit: Matt Suttle checked out the completed project



Chip off the old block: (left) Mark Cockwell carried out primary sawing with a Terzago RTS37 bridge saw (right)



All hands on deck: (left) Geoff Twigg and (right) Matt Suttle prepare the paving slabs



Health & Safety

Stay in the loop.

If you're not receiving Suttles health and safety alerts but would like to, please email liam@suttles.co.uk

KEEP REPORTING! (AGAIN)

CLOSE call reporting has been poor in the last couple of months.

All employees are reminded that cinema vouchers will be rewarded for proactive reporting.

Projects Director, **Liam Tucker**, said: "It's vital that we maintain our close call reporting. According to the health and safety pyramid, in which serious incidents are at the peak, followed by medium incidents, minor incidents and finally close calls, the close calls at the base must make up the majority of reports. Doing so can help prevent major incidents."

MENTAL HEALTH & STRESS

THE civil engineering, quarrying and construction industries can be very stressful, and it's imperative to recognise stress and depression in the workplace for employee wellbeing.

We have started using a stress risk assessment form to identify any issues.

Stress is the feeling of being under too much mental or emotional pressure, and can be caused by work, relationships and money problems. Common signs of stress include sleeping problems, sweating, loss of appetite and difficulty concentrating. It's not an illness in itself, but can cause serious illness if not addressed.

Stress can be managed by relaxation and meditation, taking regular exercise and adopting time management techniques.

If you have tried self-help techniques and they aren't working, or if feel like your life isn't worth living, or that you want to harm yourself, get help right away. Either see your GP or call NHS 111. You can also call the Samaritans on 116 123 for 24-hour confidential, non-judgemental emotional support.

NO TIME TO LOSE CAMPAIGN

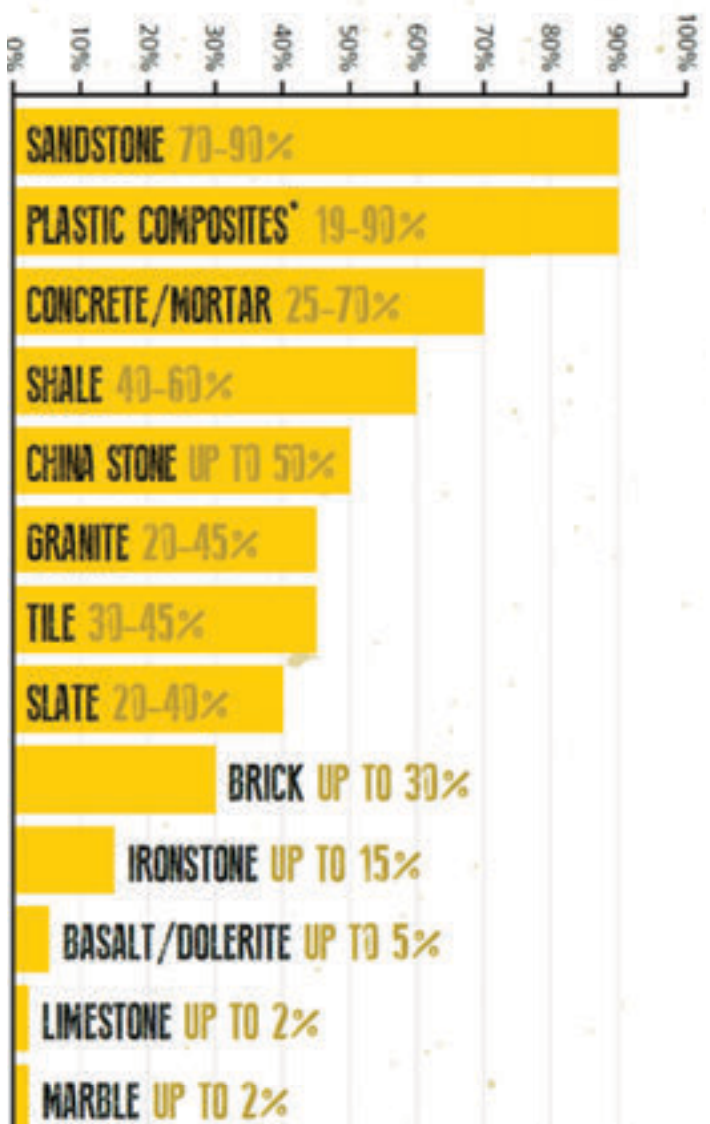
SILICA dust is one of the world's most significant causes of occupational disease, causing the premature deaths of

15 people a week in the UK through lung cancer. It comes from stone, concrete, bricks, tiles and slates, and mortar, and as such is a particular concern for the construction industry. Silica

dust is smaller than regular dust and can cause cancer, silicosis and diseases like emphysema and bronchitis.

Abrasive blasting workers, brick, concrete or tile manufacturing

HOW MUCH SILICA?



The approximate ranges for the amount of crystalline silica found in materials (based on Health and Safety Executive data)

*Silica is used in products like fillers or composite panels

Significant risk (source: No Time To Lose campaign)



operatives, construction labourers, sand digger drivers could all be at risk through inadequate health and safety measures.

The **Institution of Occupational Safety and Health** (IOSH) has started the No Time To Lose campaign to raise awareness of the issues and promote best practises, which Suttles is supporting.

Among the measures advised to employees to prevent themselves from inhaling deadly dust, it is recommended that water is used to damp down dust. Although the risks posed to employees in the **Suttles** group are small, we practise damping down at **Mannings Heath Depot** with its sprinkler system. Wearing a mask is also advised (pictured).

Liam said: "At **Projects**, we're committed to reducing and eliminating work-related health problems. The No Time To Lose campaign allows us to emphasise and commit to a better workplace for our employees."

SHEET AND TRIM

LORRY drivers at **Suttle Stone Quarries** are reminded of the need to sheet and trim their loads when leaving **Swanworth Quarry**.

Not doing so poses the risk of spreading dust and losing material

while in transit.

Drivers at **Suttles** have been regularly reminded of this important issue. Disciplinary measures may be invoked for those not adhering to this.



SUSTAINABILITY SCHOOL

Projects has joined the **Sustainability School**, which is promoting sustainability in construction, good management practices, and **Fairness, Inclusion and Respect** (FIR; more on that below).

The scheme encourages improvement by establishing Key Performance Indicators (KPIs) across a broad range of fields, from carbon emissions to workplace diversity.

FIR

Projects operations director **Liam Tucker** is now a FIR Ambassador.

The scheme, which is part funded by CITB Growth Fund, focuses on a number of issues facing the construction industry, including slavery, health and wellbeing.

Liam has started giving presentations on the topic, which highlights issues of bullying and a lack of diversity within construction, and is inviting participation in the scheme.



Cover up: lorry drivers must sheet and trim

SUPPRESSION SPRINKLERS

PLANS are in place to further improve the dust suppression sprinklers at **Mannings Heath Depot** in order to help control airborne dust, particularly during dry and windy periods.

WEAR GLOVES!

THE last four months have seen a couple of minor injuries, both resulting in cuts to fingers.

Please make sure you wear gloves when required, and that they are suitable for the task you are performing. If you do not feel gloves

are suitable for a certain task, please speak to your manager or head office.

MANNINGS HEATH MEETS EA APPROVAL

THE **Mannings Heath Depot** was found to be meeting all its requirements in environmental policy by the **Environment Agency** in a recent inspection.

This is the third year in a row of achieving the coveted 'zero' score.

Site manager **Gordon Parr** said: "This result shows the company's continued commitment to environmental protection."



Safety first (No Time To Lose): **Projects'** Joe Funnell wore a dust mask, impacted goggles and a paper suit when cutting timber

Alerts since last newsletter:

- **24/4/17 New speeding fines:** the penalties for drivers caught speeding rose at the end of April and are as follows:

Speed limit (mph)	Recorded speed (mph)		
20	41 and above	31-40	21-30
30	51 and above	41-50	31-40
40	66 and above	56-65	41-55
50	76 and above	66-75	51-65
60	91 and above	81-90	61-80
70	101 and above	91-100	71-90
Sentencing range	Band C fine (150% of relevant weekly income)	Band B fine (100% of relevant weekly income)	Band A fine (50% of relevant weekly income)
Points / disqualification	Disqualification for 7-56 days OR 6 points on your licence	Disqualification for 7-28 days OR 4-6 points on your licence	3 points on your licence

In addition, the law has toughened its stance on drivers using mobile phones. Anyone caught now faces six penalty points on their driving licence and a fixed penalty fine of £200. This means that new drivers, who already face a driving ban if they accrue six penalty points in the first two years of their driving career, could find themselves banned after being caught just the once. The rest of us will lose our driving licence if we reach 12 penalty points and remember, you don't have to be moving to commit the offence.

- **24/3/17 Klemm alert at Chigwell:** a safety switch was faulty but still being used by operatives.

Learning outcomes: 1, all safety switches/mechanisms need to be checked daily and damage needs to be reported and fixed before commencing work; 2, when removing a cage, HSE guidance should be followed, the safety switches still need to be operational when changing augers, check to make sure cage is orientated correctly; 3, new check sheets to be issued for Klemm rigs, roller switches to be changed for magnetic switches.

- **5/3/17 Smoke free policy:** Our policy on smoking has been developed to protect all employees, service users, customers and visitors from exposure to second-hand smoke and to assist compliance with the smoke-free provisions of the Health Act 2006. Smoking is prohibited in company vehicles. This policy applies to all employees, consultants, customers or members and visitors. For advice on stopping smoking, visit: www.nhs.uk/livewell/smoking

- **17/2/17 Low loader driver ignored request to wait for banksman:** pedestrian barriers and site materials were damaged. **Learning outcomes:** 1, all deliveries should wait for an instruction from a banksman/vehicle marshaller at all times; 2, if possible, walk the route around a site before attempting maneuver with the banksman, ensuring appropriate PPE is worn at all times; 3, always report any damage caused to site equipment; 4, failure to comply with site rule will result in drivers being banned from a site and any damage costs incurred passed on to hauliers.





Our passion is measured in tonnes.

Bagged deliveries of decorative chippings, building and landscaping aggregates from just £35. Visit www.suttles.co.uk/stone-depot



TRAINING AT SUTTLES

Suttle Projects has received an *Institution of Civil Engineers* (ICE) accreditation for its internal training scheme.

Both undergraduates and graduates are likely to find the company an even more appealing prospect, as trainees enrolled on the scheme will be able to gain knowledge and experience relevant to their career development.

The scheme provides structured guidance and supervision from an in-house supervising civil engineer, as well as the ICE Membership Team, and will enable a trainee to achieve a professional qualification faster. It will be of interest to anyone aspiring to membership of the ICE (MICE), and for those who would like to register with the engineering council at Incorporated (IEng) or Chartered Engineer (CEng) level.

Graduates leaving University with BEng or MEng degrees and joining **Suttle Projects** can develop

as an engineer under close supervision.

Director **Joe Paine** said: "The ICE-approved training scheme is arguably the gold standard for the initial professional development of civil engineers, across much of the world.

"We're proud to become an accredited training organisation, and we believe that this will help us to continue to attract talented civil engineering graduates to our business."

Engineer **James Walton** is the first graduate to be put through the scheme, and said: "It's a fantastic opportunity to develop my career. I'm excited at the prospect of learning new things and where it could take me going forward."

He added: "There's a tremendous knowledge base here at **Suttles** to draw from, and I'd like to thank Joe Paine for setting it up."

Undergraduate **Nick Olds** is currently on a year-long placement at **Suttle Projects**, while studying for an MEng in Civil and Architectural Engineer-

ing at the University of Bath.

We asked him how he's getting on.

How many projects have you been involved with since working at Suttles?

At least 10, with varying degrees of involvement. The main jobs I've worked on were a bearing pile project Maidment Court in Poole, CFA piling at Wimbledon Traincare Depot and a steel sheet pile retaining wall project at Poole Town Quay. I also worked on numerous tenders doing preliminary designs and drawings and assisted in pricing.

What's your favourite aspect of the job?

My favourite part of the job is that no two days are the same, it's also nice to have the opportunity to see what you designed on paper constructed on site.

How has your time at Suttle Projects helped you?

My time so far at Suttles has given me many opportunities in terms of varied work, training

and experiences that have helped me grow as an engineer and allowed me to put my knowledge gained from my studies at university into practice.

What do you think of working at Suttles?

It's a unique opportunity. As a small firm I feel you get to know your colleagues better. Everyone here has been very supportive and understood this is my first real experience in the industry. It's important because it's allowed me to be challenged without feeling overwhelmed and has really helped my learning. Something that I have also found is that working within a contracting firm gives a better appreciation for commercial and operational aspects that I may not have gained such an appreciation for had I worked in a large consultancy.



Useful experience: undergraduate engineer Nick Olds lifted a steel tube with a JCB telehandler at the Projects yard

ANTONIO'S BIG SPANISH WEDDING

Projects engineer **Antonio España Zamora** wed **Mari Loli Belando Larrosa** at a ceremony in Murcia, Spain in May. He was joined by colleagues and their partners (see below), who flew over for the ceremony and celebrations. The event was held at the Real Casino de Murcia. **Ali Maidman** said: "It

was held in a stunning, old gentleman's club from before the Spanish Civil War. It was a lovely weekend and a beautiful ceremony. We were very much the English contingent there - everyone else was Spanish. It was a bit different to an English wedding. The MC was Mari Loli's older sister. We had a five course meal, which didn't finish until midnight, and after that there was a disco. It was a great atmosphere."



Wedding bells: Antonio and his wife Mari



Suttles contingent: (l-r) Lucy Worth, Ali Maidman, Antonio, Joe and Tracey Paine; Liam Tucker; and typical Brit abroad John Harley

APPRENTICE JOSIE'S THIRD YEAR

Apprentice mechanic **Josie Dowding** is just finishing her second year at **Suttles** and has been

nominated for a Dorset Young Apprentice of the Year award.

Check out her nomination video at www.youtube.com/watch?v=cKQQgb2uL0Y

WIMBORNE RFC SUTTLES SPONSORSHIP

Suttles are sponsoring the kit of a local, successful rugby team.

Wimborne RFC has just been promoted to South West 1 East league.

Projects engineer **James Walton** (pictured, sixth from left) plays as prop.



BIRTHDAY PALS

Jimmy James and **Carly Percy** share milestone birthdays on Friday June 16th. Happy birthday both!

SUTTLE GOLF DAY

RENOWNED British skier and sporting icon **Eddie The Eagle** was the guest speaker at the annual Suttles Golf Day, held at Isle of Purbeck Golf Club, on April 27th.

Eddie spoke about his skiing career, including his infamous appearances at the 1988 Winter Olympics in Calgary, subsequent fame, and failure to qualify for future Winter Olympics events - which was thanks in part to changes to the rules by the International Olympic Committee, dubbed the 'Eddie the Eagle Rule'.

Comedian **Mike Osman** was also on hand, and ribbed Eddie about his failings, and gave a diverse set with a number of convincing impersonations, including US President Donald Trump.

An auction and raffle raised more than £2,000 for **Big Night Out**. Thank you to contributors Watson & Hillhouse, AFC Bournemouth, B.R.A.D. Ltd, AGD Equipment Ltd, Andrews Plant Hire, Alan & Thomas Insurance Brokers, Piling Relief, CTD, ABI Equipment Ltd, Chococo, Stewart Drummond, TJ Transport, Mackoys, and Volvo Construction.

See more photos at <http://bit.ly/2q4Ysrm>.



SECOND PLACE GORDON IS BIGGEST LOSER*

HE came second to **Chris Suttle** in the league of highest scoring **Suttles** players at the golf day but

Gordon Parr has lost a remarkable 3.5 stone since November last year. A great result on both counts - well done Gordon! **In a good way.*



PROJECTS TEAM ARE TOUGH MUDDERS!

A TEAM of hardy **Projects** fitness enthusiasts took part in **Tough Mudder** at Henley-on-Thames on Saturday May 6th. Wearing a **Suttles** branded kit, they navigated a gruelling obstacle course, which includ-

ed climbing frames, submerged pipes and extended monkey bars sections. **Aiden Edwards** achieved the fastest time. (**Pictured (l-r)** Jordan Roberts, Sam Richards, James Walton, John Harley, James' friend Frank, Aiden Edwards and Ali Maidman.)





Top night: (l) AFC Bournemouth's Vitality Stadium flying the Suttles banners and (r) the Suttles team met Kevin Keegan

SPORTSMAN'S DINNER



Suttles sponsored the Sportsman's Dinner at **AFC Bournemouth's** Vitality Stadium, which was hosted by footballing legend **Kevin Keegan**.

Mr Keegan spoke about his distinguished and memorable career, where as a player he earned 63 England caps, won three First Division titles, and a European Cup winner's medal with Liverpool and two Balon d'Or awards in

1978 and 1979.

There was a charity auction and raffle.

John Suttle said: "Kevin gave a fantastic presentation which included comedy Powerpoint slides.

"There were queues all night for signatures and photos with him, and it was going on from 7pm until midnight. He made time for everyone and it was a great talk."

BIG NIGHT OUT

HUNDREDS of clubbers turned out for a

night of fun at **Cameo Nightclub** in Bournemouth on April 20th.

It was the first event director **John Suttle** has been to. He said: "I was really impressed by the scale and atmosphere and look forward to the next one." The next **Big Night Out** is in October.

JAMIE'S CHOC CHALLENGE

Jamie Trew at **Manings Heath Depot** has signed up with **Guinness World Records** for the challenge of eating as many **Cadbury's**

Creme Eggs as possible in one minute.

He faces stiff competition in this field, as in a previous challenge, a Las Vegas woman ate an astonishing **FIFTY** Creme Eggs in six minutes and fifteen seconds. A previous attempt by **Jamie** ended in disappointment, as he spent too long savouring the taste of the chocolate eggs.

The organisation has accepted his self-nomination, as well as an additional challenge of eating iced buns.

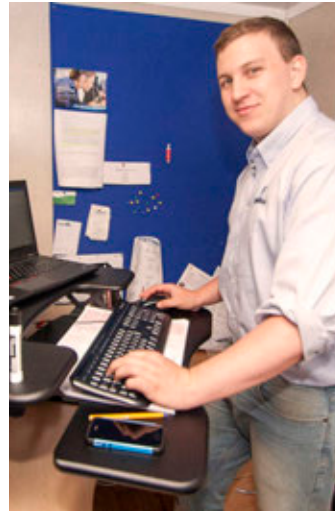


Party time: Cameo was packed for Big Night Out

Choccie challenge: Jamie's a good egg

Don't forget! We'd love to add your photos and stories to the next edition.
Please get in touch at newsletter@suttles.co.uk

We are stone experts and
specialist civil engineers



www.suttles.co.uk